### All it takes is one click to get the process started.



Register online at mcrpathways.org



We'll meet to help us learn more about you.



Attend our mentor training sessions.



We'll match you with a young person.



Get your weekly sessions started.



For too many young people, an unfair start means navigating life's toughest challenges alone. You can change that.

#### Changing lives through mentoring.

Our award-winning programme believes in the power of connection, communication and the overall transformational potential of mentoring in school and community settings.

We match adult volunteer mentors from all walks of life, careers and experiences with young people experiencing a range of challenging circumstances, to build confidence, overcome obstacles, awaken ambition and much more.

Just one hour a week can ignite the vital spark in a young person, helping them find a path to positive futures. Change a life. Be the difference in ensuring young people don't have to navigate life's toughest challenges alone.



Mitchell Library, Berkeley St, Glasgow G3 7DN



(44)141 221 0200



info@mcrpathways.org



mcrpathways.org



## Become a volunteer mentor.



"Me and Phil connected through football and a love for sports and stuff like that. Having a mentor can help you study and do stuff during your time together and it just kind of makes school a little bit less stressful." Aaron.

### Help someone, like Aaron, to ignite their vital spark.

Every young person has a vital spark within them - a unique potential waiting to be seen, nurtured, and set alight. Through encouragement, empathy, and belief, you can become the catalyst that ignites the vital spark. By nurturing this spark, help young people to find the confidence to pursue their passions, believe in themselves, and confront their challenges.

But the beauty of this idea is that the transformation flows both ways. By helping a young person uncover their inner light, you too may discover something powerful within yourself - a renewed sense of purpose, compassion and connection.

Together, let's spark ambition and change lives through mentoring.

# Imagine a young person with incredible potential, but no one to help them see it.

### You can change that.

We support mentors from all walks of life, with different backgrounds and experiences. You may think you need to have a superpower or even a hero cape, but what we are really looking for is for you to see their potential, help them believe in themselves and pursue positive futures.

#### This means you are:



Full of experiences and ideas.



Compassionate.



Caring.



Patient.



A good listener.

If you can tick all these off, you can help young people just like Aaron and Phoebe, and others, to see their incredible potential.

Scan the QR code to register online





"Ever since I've got a mentor, I realise I can do much bigger things, like going to college and uni and I've got much bigger plans for myself. My path and goals have definitely changed because of mentoring." Phoebe.