

The Shout



CLASS WINNER

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SIGNING IN WITH SFRS

Crew Commander Stevie Morrison's inspirational approach to communicating with our communities

LISTENING TO YOUR VIEWS ... AND SHAPING OUR FUTURE SERVICE

Fiona Munro and her team working to make more positive changes for you

GOING FROM STRENGTH TO STRENGTH

Catching up with our RDS/Volunteer Support Watch Commanders

BRINGING SUNSHINE INTO PEOPLE'S LIVES

Firefighter Rhonda Jones shares her heartbreak, which led to the creation of her mental health charity

PARTNERSHIP WORKING IN INVERNESS



On Monday 7 October, six Ambulance Technicians and Paramedics, along with two Paramedic Team Leaders from Inverness Ambulance Station, were welcomed to **Inverness Community Fire Station** by members of Green Watch. After a short welcome and introduction, the Watch gave an overview of what we do, focusing on how we train, equip and respond to road traffic collisions (RTC) followed by

a guided tour of the station and a detailed look at both a Rescue Pump and the Heavy Rescue Unit. After a refreshment break, a session was delivered exploring common hazards and risks found at the scene of an RTC.

Firefighters and Ambulance crews then worked together to tackle two practical extrication scenarios. The benefit of joint training was really highlighted in the exercises and the debriefs were very beneficial for everyone present

Feedback from the Scottish Ambulance Service staff was positive, with everyone taking something from the day. More joint training is planned for the future.

FAMILY AFFAIR AT FORTROSE COMMEMORATES JAMES BRAIDWOOD

Colleagues from across the Service joined family and parishioners in St Andrew's Episcopal Church in Fortrose on Sunday 23 June to pay tribute to the life and legacy of James Braidwood – the founding father of the modern British Fire Service.

Invited by James' great-great-great granddaughter, Diana Hamilton-Jones, the Service contingent was led by **Deputy Assistant Chief Officer David Farries** and included colleagues from Edinburgh, Inverness, local stations on the Black Isle and Work Place Chaplain, Christina McCrae.

The memorial service, which takes place annually, provided the perfect opportunity to reflect on the life of a true pioneer who established many firefighting principles that are just as relevant today as they were when they were established in the nineteenth century.

Thanks to all Service colleagues who took the time to come along and commemorate the 158th anniversary of James' death in the line of duty and to the parish for such a warm welcome.



HELPING MCR YOUNGSTERS GET ON THE RIGHT PATHWAYS



We're proud to be working in partnership with MCR Pathways to give colleagues from across the Service the opportunity to make a positive impact on the lives of care-experienced and disadvantaged young people throughout Scotland.

Through our new partnership, we want to encourage everyone to become volunteer mentors with MCR. By doing so, colleagues can play an important role in the development of young people across Scotland at an important time in their lives.

The only requirement to become a mentor is simply your time and a desire to help a young person, building a positive relationship based on non-judgemental listening and encouraging. Mentors spend just one hour a week listening to and encouraging their young person at school. The relationship that develops is what makes the difference.

Liz Barnes, Director of People and Organisational Development, said: "As a committed corporate parenting organisation, we are proud to support MCR Pathways.

"We encourage our staff to become a mentor with MCR Pathways and be part of the vision to create equality of outcomes for education employment, life chances and opportunities for Scotland's young people."

If you are interested in getting involved, visit the mentoring section on iHub for more information.

PLEASE KEEP SHARING YOUR PICTURES AND STORIES ON INSTAGRAM. DON'T FORGET TO TAG @fire_scot 