Support a Young Person and Develop Key Professional Skills with MCR Pathways

# INSIDER





## Over 500 staff have discovered the amazing benefits of mentoring with MCR Pathways' school-based programme.

Our commitment means that these young people have been matched with an individual mentor to help support them in their personal and educational lives. But over 400 young people in the city are still waiting to be matched with a mentor.

The council family is committed to support 10% of staff to mentor which has many advantages for both the pupil being mentored, and the mentor.

Fiona Ross, Senior Communications Officer in the Chief Executive's Department said of her experience as a mentor:

I feel that I look at things differently since I've started mentoring. I take time out of the office to go to the school and know that I come back with fresh motivation. It makes me feel like I can tackle anything.



## What are the benefits of mentoring?

Mentors help some of the city's most disadvantaged young people to recognise their talents and grasp opportunities. But mentoring also benefits the mentor - helping to build essential workplace skills for personal development. Benefits include:

- Building active listening and effective communication skills
- Building your confidence, initiative, assertiveness
- Motivation, feel a significant sense of purpose and fulfilment.

Laura Girvan, EquipU said of her experience:

## I feel a sense of achievement when my mentee gains confidence in subjects and passes exams or tests, I also feel my communication has improved. To be able to share your experiences with a younger person, to encourage them to meet their goals, makes you feel you are making a difference.

### Consider Mentoring as part of your PCR development

Why not consider discussing the opportunity to become a mentor as part of your PCR meeting with your line manager. Managers are fully aware of the programme and its benefits and will try to support staff to get involved.

#### Can you get involved and support a young person at school?

- You can find out what support is available to you, and who your service champion is, on Connect at <a href="http://connect.glasgow.gov.uk/article/20615/MCR-Pathways">http://connect.glasgow.gov.uk/article/20615/MCR-Pathways</a>
- The site includes information about how to register at <u>mcrpathways.org/</u> (click on 'Become a Mentor').

To contact the MCR team for more information, or to request a presentation to your team, please email mentor.services@mcrpathways.org